

TABLE 3

RESTAURANT

MENU



Soup

BURNT GARLIC SOUP.....	AED 18
PEKING HOT SOUP.....	AED 20
CREAM OF CHICKEN.....	AED 21
TOMATO BASIL SOUP.....	AED 20
HOT & SOUR SOUP.....	AED 19

Starters

SHRIMPS DYNAMITE	AED 45
(Shrimps tossed with sause served in bed of lettuce)	
INCHI PULI CHICKEN WINGS.....	AED 28
(Fried chicken wings tossed through south indian style inchi puli suase)	
SEAFOOD KALAMARI.....	AED 38
(Deep fried crispy squid served with Asian spiced herbs)	
HOT CHILLI -CHICKEN / FISH.....	AED 25/30
(Marinated chicken or fish tossed through coconut flavored semi dry hot grevy)	
VEPPILA CHICKEN.....	AED 25



BEEF KANTHARI TAWA.....	AED 26
(Sliced beef cooked with fragrant desi style home made masala served with the bred or spinach)	
SATAY CHICKEN SKEWERS.....	AED 25
(Grilled chicken skewers cooked with peanut butter sause)	
KIDS NUGGETS.....	AED 15
(Deep fried Kids nuggets served with fries, Tomato Ketchup)	
BOWL OF CHIPS.....	AED 12
(Deep fried krispy lightly battered french fries tossed with T3 special seasoning served with louisiana mayonnaise)	

T3 Sandwich & Wrap

CHICKEN & CHEESE SANDWICH.....	AED 25
(Chicken, cheese slice, tomato, cucumber, carrot, lettuce & mayonnaise in brown bread)	
PERI PERI CHICKEN WRAP.....	AED 30
(marinated chicken in flour tortilla with cucumber , carrot , onions , tomatoes & iceberg)	
EGG & BACON SANDWICH.....	AED 22
(Scrambled egg , Bacon rashers , cheese , Cucumber with Tomato sauce)	
CLUB SANDWICH.....	AED 28
(chicken, bacon, cheese,lettuce, tomato, garlic aioli)	



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T3 Soul Bowl

(With Rice & Bread)

BURNT BUTTER GARLIC PRAWNS.....AED 38

(Prawns cooked in rich Asian flavored burnt garlic sauce served with choice of rice)

OYSTER BASIL PRAWNAED 42

(Marinated prawns cooked in rich basil flavored Chinese sause served with choice of rice)

TAIPEI CHICKEN.....AED 33

(Marinated chilly chicken cubes cooked in fragrant tomato sause with bell pepper, ginger & garlic served with choice of rice)

TERIYAKI CHICKEN.....AED 32

(Marinated Chicken cubes cooked in authentic teriyaki sause, ginger, garlic, bell pepper & onions)

HONG KONG BEEF STEW.....AED 38

(Tender dice beef stew cooked with fragrant Asian sause served with steamed rice)



T3 NATIVE BOWL.....AED 29

(Pan seared chicken breast cooked with rice makhni gravy sause served with steamed rice)

T3 MALABAR SHRIMPS BOWLAED 32

(Pan seared shrimps cooked with creamy, buttery, malabar sause, served with plain rice or bread)

BAKED ATLANTIC SALMON.....AED 46

(Crispy skin oven baked Atlantic Salmon served with potato gratin, butter sauteed vegetables & lemon dill cream sause)

EXOTIC VEGETABLES WITH RICE.....AED 30

(Stir fried semi gravy Chinese style vegetables served with fragrant butter rice)

T3 Healthy Bowl

GREEK SALAD.....AED 25

(Rockette, mix leaves, cucumber, cherry tomato, onion, olives, feta cheese in lemon & lime dressing)

MEXICAN STREET CORN SALAD.....AED 32

(Corn kernal, cherry tomato, cilantro, feta cheese, olive oil in chili lime dressing)

ARABIC FATTOUSH SALAD.....AED 30

(Lettuce, tomato, onions, Cucumber, tossed in fragrant olive lime dressing)



T3 Chinese

FRIED SEAFOOD NOODLESAED 40

(Pan fried seafood, egg & vegetables tossed with Asian noodles in dark soy and sizzling sause)

WOKS LIFE HAKKA NOODLESAED 33

(Chinese Hakka Noodles fried up in wok with chicken, egg & vegetables in our Chef's special house made sause)

CHEF'S CHICKEN LO MEINAED 33

(Fried vegetables, chicken & egg tossed through Authentic Chinese flavored sauses in Uncle Ch'ing's Hakka Noodles)

VEG CHOW- MEIN.....AED 30

(Veg hakka noodles with wok sauteed asian vegetables tossed with chef's special sause & fragrant Asian herbs)

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T3 Lunch

MANGALA BIRYANI MUTTONAED 20

MANGALA BIRYANI CHICKENAED 16

BIRYANI BEEF.....AED 19

BIRYANI FISHAED 22

MATKA BIRYANI CHICKENAED 29

MATKA BIRYANI MUTTONAED 32



T3 Signature



NIRVANA FISH WITH BREAD(As per size)
(Choice of fish cooked in rich coconut flavored gravy
served with choice of bread or rice)

FISH MANGO CURRY WITH BREAD(As per size)
(Choice of fish cooked in fresh mango & coconut flavored gravy
served with choice of bread or rice)

CHICKEN STEAKAED 40
(250gm Butterflied grilled chicken breast served with potato mash, butter
sauteed vegetables & creamy mushroom sause or chips & salad)

CHICKEN SCALOPPINIAED 38.
(Pan seared marinated chicken breast cooked in creamy scaloppini
sause served with salad & fries)

BEEF TENDERLOINAED 48

Tenderloin beef steak served with
mashed potato and vegetables

SURF & TURFAED 52

(250gm grilled Brazilian beef tenderloin
served wih squid, prawns, Potato, Potato mash, bitter
sauteed vegetables & creamy mushroom sause or chips & salad)

MIXED GRILLAED 50

(120 gm grilled beef tenderloin , sausage, bacon, fried egg,
grilled tomatos, mushroom & onion served with chips & salad)



T3 Special from the Ocean



LOBSTER THERMIDORAED 120
(500gm cooked lobster topped with four cheese
white sause served with garden salad & seasoned fries)

SEAFOOD PLATER FOR 1/2AED 56/110
(Fresh crab, squid, prawns, Deep fried fish fillet
& Fruits served with salad , fried & aioli)

OVEN BAKED FISH PLATTER WITH RICEAED 120
(1KG of marinated oven baked fish served with rice,
vegetables & lemon dill butter sauce)

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Indian Masala

CHICKEN STEW AED 24

(Free range chicken breast cooked with garam masala, curry leaf & coconut milk)

CHICKEN MUNNAR AED 26

(Marinated chicken breast cooked in Indian masala, coconut milk, red chilly & curry leaf)

BUTTER CHICKEN AED 28

(Pan seared chicken breast cooked with rich tomato creamy makhni gravy North Indian style sauce)

BEEF FRY AED 29

(Marinated beef cubes cooked with fragrant desi style home made masala)

BEEF VARATIYATHU AED 29

(Marinated beef cuts cooked with coconut powder & rich south Indian style masala)



MUTTON MASALA AED 32

(Marinated Indian mutton cubes cooked in kerala style home made masala)

MUTTON ROAST AED 32

(Semi gravy marinated mutton pieces roasted & cooked with desi spices)

MUTTON ROGAN JOSH AED 39

(Authentic Indian style curry, cooked in ghee & medium spicy masalas)

FISH KUMARAKAM (As per size)

(Spicy & tangy fish curry cooked with coconut oil & kudampuli in rich)

FISH POLLICHATH (As per size)

(Fish cooked in home made kerala style tomato, onion masala wrapped in banana leaf)

FISH TAWA FRY (As per size)

(Authentic delicious Indian style fish marinated shallow fried in tahava)

FISH VATTICHATH (As per size)

(Fried red & tangy fish curry cooked with Kashmiri chilly, kundampuli & home made masala cooked in clay pot)

THAI FISH (HAMOUR FILLET, PRAWNS) AED 33

(Hamour fillet ot prawns cooked in thai style fragrant chef's special sauce)

KOONTHAL GREEN LEAVES AED 33

(Pan seared koonthal cooked in chef's special green masala paste served in the bed of banana leaf)



Indian Masala (Veg)

VEGETABLE STEW AED 15

GOBI MANCHURIAN AED 14

PANEER BUTTER MASALA AED 16

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Pasta

BOSCAIOLA CHICKEN AED 36

(Fuseli pasta, chicken breast, mushrooms & bacon
tossed through creamy garlic sauce topped with parmesan cheese)

MARINARA AED 38

(Pan seared prawns, calamari & fish tossed through
Marinara sauce topped with crab & parmesan cheese)

VEGETARIAN PASTA AED 31

(Pan fried vegetables tossed with fuseli pasta
In rich flavored napolitano sauce topped with parmesan cheese)

WILD MUSHROOM & CHICKEN RISOTTO AED 38

(Hand picked wild mushroom cooked with free
range chicken tossed with creamy Italian arborio rice)

ALFREDO AED 36

(Pan fried vegetables tossed with fuseli pasta in rich
flavored creamy garlic sauce topped with parmesan cheese)

KIDS PASTA AED 15

(Fuseli pasta tossed through rich napolitano sauce)



Bread

CHAPPATHI AED 2

PARATTA AED 2

APPAM AED 2

Breakfast

BUFFET..... AED 35

PAN CAKE WITH FRUIT CUT..... AED 20

OAT MEAL AED 11

Hot in T3

Spl KARAK TEA AED 6

ESPRESSO AED 6

CAPUCCINO AED 9

COFFE LATTE AED 9

FRESH HOT MILK AED 8



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Lets chill with T3

ICED COFFE AED 11

FRESH JUICE AED 12

SOFT DRINKS..... AED 5



Cream of Fruits



STRAWBERRY AED 18

TENDER COCONUT..... AED 18

MANGO..... AED 18

T3 SPECIAL AED 18

Mojito

PINK PONG AED 15

BERRY PERRY..... AED 15

STRAWBERRY BOISSON AED 15



Smoothie



BERRY BANANA AED 17

(Honey or sugar, yogurt or milk,
frozen banana, strawberry mint or basil leaves)

BLUE BERRY..... AED 19

(Blue berry, milk, fresh cream, sugar)

RASBERRY..... AED 19

(Yogurt/milk, sugar, fresh cream)

MANGO GET THE BERRIES AED 18

(Mango, blueberry, basil, milk or yogurt)

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Making the world a
better place!! One plate at
a Time



ORDER NOW
04-338 44 596



056 100 93 33

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NEAR RAK BANK, GOLD SOUQ EXTENSION, DEIRA, DUBAI-U.A.E
www.table3.ae